



Folk Dance Schedule by *The Friendly FolkDancers*



Although many of us have an image of a very specific type of dance as being "folk dancing", it would be more accurate to say that every type of dance is folk dancing - and will eventually be recognized as such. Most of us grew up with a limited experience of dance, mainly of couple dancing, either rock or ballroom. Add to this narrow slice dances done in circles, lines, individually, from many countries and times, and you will have a fuller conception of folk dancing. Folk Dancing is a physical "taste treat" of the world, present and past, accessible to all ages and all abilities.

In the folk dance room we will have evenings where we explore much of the world, and other evenings where we focus on specific types of dance. Come sample the world, a dance at a time!

Dancing will begin at 9:15 PM and finish when we're done, by 11:00 PM generally.



FOLK DANCE MUSICIANS NEEDED

Look in the daily bulletin for practice time announcements, and offer to help by calling Sue 715-853-6871

MONDAY

Dancing the World Together

led by Mark Helpsmeet & Friends

Simple folk dances from all around the world, easily accessible, sometimes fun & light, sometimes deep & moving.

The only way you can do these dances wrong is to not show up and thereby miss the opportunity to be part of a community moving with a joyful & prayerful Spirit.

All ages, all abilities. Bring your appetite for exploring the world, foot-by-foot.



TUESDAY

Easy Balkan, Middle Eastern, Breton, Greek & Requests

led by Brian Eastman

Easy, mostly line & circle dances, and mostly Balkan & Middle Eastern, but also Breton and Greek – and beyond.

Brian has been leading dancing for all ages and abilities for close to 50 years, has a wealth of dance resources, and he's happy to include your dance requests!



WEDNESDAY

Turkish & Albanian *led by Heidi Kalyani*

Heidi Kalyani, from Nova Scotia's ORO! Orkestra, will share simple and beautiful party dances from Turkey, Albania and the Roma. Experience the unity and community of the circle! No experience or partner needed. All ages and genders welcome. Relax, rejuvenate, and be transported by the music!



THURSDAY

Sacred/Circle Dance *with Maggie Moon*

Join hands around the circle to walk together in a sacred manner. Each dance gently taught, no partners or previous experience required. Some dances are meditative, some are joyful and celebratory...simple steps set to beautiful music from all over the world.

Maggie Moon, FKA Peggy O'Neill, first learned Sacred Circle Dance at FGC Gatherings from Elizabeth Cave, and has led these dances throughout the world for two decades.



FRIDAY

Live Music From The World

led by various folks

As in past years, we'll have live music, both instrumental and vocal, to inspire our steps and enrich our ears. Join the improvised band as they practice through the week (see note above), and add your music & dances into the mix.

Good for all ages & abilities, no partner needed.



Folk Dancing in Academic 127/129

There is also **Contra Dancing Mon, Wed, Thurs, and Fri in Kiernan!**

Live music, no partners needed, all dances taught.